

Monday

7:30 Pilates Equipment Kim
 8:30 ♥ *Passport* Reformer Kim
 9:30 Reformer followed by CIRCUIT EXPRESS Kim

5:30-6:15 **FREE Orientation-Introductory Class** Kathy
 6:30 L2 Reformer Kathy

Tuesday

9:00 Pilates Equipment Kim
 6:30 ♥ *Passport* Reformer-CIRCUIT EXPRESS Crystal / Stacey

Wednesday

7:30 Reformer Instructor Rotation
 8:30 Pilates Equipment “ “
 9:30 ♥ *Passport* Reformer “ “
 10:30-11:15 **FREE Orientation-Introductory Class**

6:30 L2 Pilates Equipment Kim

Thursday

9:00 Pilates Equipment Christie
 10:00 **Private/Duet/Recipe Card Session** Christie

6:30 ♥ *Passport* Reformer-Stretch Crystal / Stacey

Friday

7:30 Reformer followed by CIRCUIT EXPRESS Kathy
 8:30 ♥ *Passport* Reformer Kathy
 9:30 Reformer Kathy / Crystal

Saturday

7:45 Reformer Instructor Rotation
 8:35-8:50 CIRCUIT EXPRESS “ “
 9:00 ♥ *Passport* Reformer “ “
 10:00-10:45 **FREE Orientation-Introductory Class**