

Passport Pilates Studio - Hampstead

2017 **SUMMER SCHEDULE** *May 30 – Sept. 9*

MONDAY

7:30 Reformer
8:30 Reformer-Tower Combo
9:30 Reformer

5:45 ♥ Reformer
6:45 Reformer-Tower Rotation

TUESDAY

7:30 ♥ Reformer
6:00 ♥ *Classical Reformer*

WEDNESDAY

8:30 Reformer-Tower Rotation
9:30 Reformer

5:45 ♥ Reformer-Tower Rotation
6:45 Reformer w/ Jumpboard Intervals

FRIDAY

7:30 Reformer
8:30 Reformer w/ *Jumpboard Intervals*
9:30 Reformer

SATURDAY

8:30 ♥ Reformer

